Workshop 4

Bisexuality and Beyond

Regina Reinhardt, American Institute of Bisexuality, United States of America
Denise Penn, American Institute of Bisexuality, United States of America

This workshop will provide a brief introduction to the topic of bisexuality, review the latest research in the field of bisexuality, review elements of human sexual identity development and several sexual orientation models, and provide a safe space for participants to discuss bisexuality and common myths and misconceptions about bisexuality and how these issues impact the individual, the community, and society. Facilitators will present some examples of bisexuals in literature and film, some bisexual icons and archetypes and open global discussion about different cultural perceptions of bisexuality and how that impacts the individual and society. This workshop will provide a safe and stimulating space for participants to learn, share and explore issues regarding bisexuality, human sexual identity development and sexual orientation.

Regina Reinhardt, PhD is considered an expert in the field of bisexuality. She has appeared on TV shows, has given many workshops and was the facilitator of support groups on the subject of bisexuality. She received her degrees from San Diego State University and the California Professional School of Psychology. She is currently the Managing Editor of the Journal of Bisexuality, a peer reviewed academic journal, and is a Director of the American Institute of Bisexuality (AIB), a non-profit foundation supporting research and education.
Denise Penn, MSW is a clinical social worker, writer and nationally recognized expert on bisexuality. She has presented numerous workshops and appeared on many talk shows discussing bisexual issues. She is a past President of BiNet USA and is currently a Director with the American Institute of Bisexuality (AIB) a non-profit foundation supporting research and education. She has extensive experience working with Hospice programs and clients with terminal illnesses. Penn studied at the University of California, Irvine, San Diego State University, California State University, Fullerton and Western State Law School. She earned her Masters in Social Work from San Diego State University.